## Kalyana Mitra "Good Friend"

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Windward Buddhist Temple 268-A Kuulei Road Kailua, HI 96734

Phone: 262-4560

#### SPRING OHIGAN

On Sunday, March 10, 2019 the Windward Buddhist Temple will be celebrating the annual Spring Ohigan Festival. It is a special time of the year, during which we can sit back and reflect upon the profound harmony and oneness of the universe, a time when in astronomy, the days and nights are equal length, and the sun rises directly from the East and sets directly in the West. The world feels in balance and in comfortable harmony.

The word *higan*, means the "other shore" of enlightenment. Traditionally in Japan, Spring Ohigan is a week-long observance, during which the Six Paramitas or "perfections" (dana, self-discipline, patience, effort, meditation and wisdom) are studied and contemplated. We should always and especially during Ohigan, be mindful of these observances and consider how they can relate to our lives and the lives of others. These six perfections are part of the path of the Bodhisattva, one who vows to leave behind self-centeredness and practices perfection in order to become a Buddha for the sake of all beings. Buddhism teaches us to transcend our limited self and seek perfection and enlightenment for everyone. This is the true Bodhisattva path, a path that we must follow as a Buddhist.

As followers of Shin Buddhism, our living the Nembutsu life is itself the Bodhisattva practice of the paramitas. Shinran Shonin has taught us that Nembutsu is the mind of Amida, or perfect Wisdom and Compassion. As our lives are riddled with imperfections and disharmony, we are unable to realize limitless perfection through our own effort. Shinran himself struggled with this throughout his life and learned that it is only through the total reliance on Amida Buddha, the true reality of Wisdom and Compassion, that we can understand the meaning of perfection in our lives. During this Ohigan season, let us reflect deeply on the Six Paramitas and that it is realized through the heart and mind of entrusting faith, bringing us to perfection through the working of Amida Buddha's Compassionate Vow.

We pause and reflect on all the causes and conditions that have allowed us to build this beautiful modern-day multi-use temple that we and the greater Windward community can enjoy. On Sunday, February 24, we celebrated Founder's Day, a day when we expressed our sincere gratitude, especially to the Late Dorothy Ono who in her benevolence bestowed on us the funds to begin and complete construction on a facility that allows the sangha to express our gratitude for the benevolence and unconditional compassion given to us by Amida Buddha.

Our deep gratitude goes to all the past sustaining members, volunteers and ministers who guided and nurtured us throughout the formative years to this very day. It was their vision and countless hours of decision-making that bore the fruit we are enjoying today.

We are all surrounded by the mythical Indra's Net that hangs high above Mount Sumeru, the center of all the physical, metaphysical and spiritual universe, teaching us that all things are interdependent and precious together. Guided by the Wisdom and All-Compassionate One, we are one together with the universe. This realization will encourage us to overcome all adversity in our continuing effort to spread the Buddha Dharma throughout the Windward community.

Namo Amida Butsu.

Rev. Bert Sumikawa

# March 2019

3	Family Service	Speaker: Michael Jaffe M.C.: Jenn Kane
10	Ohigan Special Service, Dharma School & Activity 9:00 a.m.	Guest Speaker: Rev. Tatsuo Muneto M.C.: Linda Jaffe
13	Board Meeting	6:30p.m. @ the temple
17	Family Service 9:00 a.m.	Speaker: Joy Nishida M.C.: Fujikawa Family
24	Monthly Remembrance Service* 9:00 a.m.	Speaker: Rev. Bert Sumikawa M.C.: Cynthia Rodriguez
	Monthly <b>Remembrance Day</b> : If you'd like to remember a loved one who passed away in the month of March (of any year), you will be given the opportunity to do so during this service. A sign-up sheet will be available at the reception desk.	
31	No Service. Taste of Hongwanji taking place at the Hawaii Betsuin on Pali Hwy. (8:30 am-1 pm)	
Temple Prep: March 1-10 by Team Pikake (Prudence)		

## Rev. Tatsuo Muneto Ohigan Guest Speaker

Reverend Tatsuo Muneto was born in Hiroshima, Japan. After college, ordination and overseas ministry training in Kyoto, he was assigned to Honpa Hongwanji Mission of Hawaii in 1965. He received a M.A. degree in Asian Studies from Claremont Graduate University in 1970.

Rev. Muneto served temples throughout the State (Hawaii Betsuin, Hilo Betsuin, Kona Hongwanji, Lihue Hongwanji, Moiliili Hongwanji) and at the Buddhist Study Center.

The areas of interest for Rev. Muneto included programs for Buddhist education, ministerial training, counseling and hospital chaplaincy. Since his retirement in 2014, Rev.

Muneto has been involved with the inter-faith community and is a volunteer with Hawaii Hospice.



Primary caregivers need support to be effective in caring for their loved ones and themselves. Project Dana's "Caring for the Caregiver Support Group" (CGSG) meets monthly to help alleviate the stress that may come with continuous caregiving responsibilities by providing a forum for caregivers to exchange concerns and connect with other caregivers and professionals in the geriatric community. Topics range from legal concerns, caregiver burnout, to age related diseases. Currently a support group meets at the Honpa Hongwanji

March 11-April 7 by Team Ginger (Shirley)

Hawaii Betsuin social hall and on March 9 will start in Waipahu. Contact the Project Dana office at 945-3736 for more details for CGSG meetings.

## **Activities Corner**

#### **FAMILY SUNDAY ACTIVITY**

Providing Dharma Education is a primary goal of Kailua Buddhist Temple. We have planned family activities focused on providing fun activities for youngsters. Please join us the first Sunday of each month:

## March Ohigan Activity

## February: Indra's Net

















# **EXERCISING, STRENGTHENING &**WALKING

Tuesdays & Thursdays 8:30 a.m. at the temple

**NO CLASS UNTIL MARCH 26** 

### Tai Chi

Tai Chi classes continue at the temple as follows: Tuesday 7:00 – 8:30 p.m.
Friday 10:00 – 11:30 a.m.

If you're interested and have not already signed up for tai chi class, please contact Dennis Tashiro by email at <a href="mailto:dhtashiro@gmail.com">dhtashiro@gmail.com</a> or call 226-0339.

## **GARDENING**

Gardening class will be on Sunday, **March 10**, 2019 at 2:00 p.m. There is no sign up – everyone is welcome to attend.

## MEDITATION - Mondays 6:30-7:30 pm

Guided meditation, walking meditation and offering of incense, and chanting of a sutra. Followed by a short "talk story" section. Meditation is conducted by Rev. Dr. Bert M. Sumikawa. All are welcome to participate. There is no fee.

### Windward Buddhist Temple 268-A Kuulei Road Kailua, HI 96734 Address Service Requested

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# **⊗** Mahalo **⊗**

for your kind monetary donations

Emiko Goya - in memory of Roy Goya and Yukimi Nham

Naomi Kaneko – in memory of Roy Goya, Yukimi Nham and Hannah Okamura Ryuko Hidani

Richard and Pauline Horita - in memory of Masako Horita

Cynthia Rodriguez – in memory of Alfred Tatsuguchi

Gary and Annette Tashiro – in memory of Ichizo Tashiro

Jason and Shareen Fukuda - Funeral service & 49-day service for Irene Nakao

Cynthia Osajima - Project Dana Day service

Lawrence and Laura Asano - Funeral service for Karen Umeda Usha Prasad

IKEBANA CLASS returns on Saturday, March 2<sup>nd</sup> and 9<sup>th</sup> at 1:00 p.m.

